



LANIVET INN LUNCH MENU

SHARING AND GRAZING

4.95 each or 3 for 12.50

CRISPY BBQ BELLY PORK BITES (GF)

... With chilli & spring onion

HOT AND SPICY CHICKEN WINGS ...

With fresh lime

GARLIC MUSHROOMS BRUSCHETTA (V) ...

Creamy garlic mushrooms served on ciabatta.

FRIED HALLOUMI BITES (V) ...

Coated with sesame seeds + honey + oregano.

NEW MINI PIGS IN BLANKETS (GF) ...

With maple syrup glaze

BEEF MEATBALLS ...

In a tomato & basil sauce + parmesan shavings.

NEW TEMPURA VEGETABLES (VG) ...

With sweet chilli dip

MINI CHORIZO BITES (GF) ...

Spicy Spanish sausage.

NEW SAUTÉED PRAWNS (GFO) ...

With lemon grass chilli and coriander

SALT & PEPPER SQUID ...

With sweet chilli sauce

STARTERS

CHEFS HOMEMADE SOUP (GFO) ...

With warm ciabatta 5.75

FRESH LOCAL MUSSELS ...

cooked in white wine + garlic + parsley + cream. A classic Mariniere sauce. 8.50

BAKED CAMEMBERT (V) ...

With Rosemary + Sea salt + fig relish + warm ciabatta (20 minutes cook time) 7.95

PAN SEARED FRESH LOCAL

SCALLOPS ... Baconnaise + pea puree + pancetta. 8.95

FROM THE GRILL

All of our meat is sourced from Button Meats (Bodmin) Jacket potatoes also available

PRIME 8OZ SIRLOIN STEAK (GFO) ...

With chips + tomato + peas + mushroom. 18.50

/ Add cheese rings or onion rings for 1.50

STEAK SAUCE ...

Peppercorn; Blue cheese; Creamy mushroom 2.20

UPGRADE YOUR STEAK! ...

Why not add garlic prawns to your steak 3.00

GAMMON STEAK (GFO) ...

With chips + tomato + peas + mushroom + egg or pineapple Small 9.50 | Large 11.95

/ Add cheese rings or onion rings for 1.50

OUR FAMOUS MIXED GRILL (GFO) ...

Rump steak + gammon + lamb chop + pork steak + sausage + egg + black pudding + pineapple + chips + peas + tomato + mushroom. 18.50

/ Add cheese rings or onion rings for 1.50 Add 2 hot and spicy chicken wings for 2.00

BURGERS

All served with pretzel bun + fries + homemade coleslaw.

KATSU CHICKEN BURGER ...

Southern fried chicken burger + Japanese style curry mayonnaise + tomato + cos lettuce. 10.95

/ Add cheese or bacon for 1.00

OUR SIGNATURE BURGER ...

With our own burger sauce + tomato + cos lettuce + American style cheese 10.95

/ Add Bacon for 1.00 Add Mac Cheese for 2.00 Add pulled pork for 2.50

OUR FAMOUS MIGHTY BURGER ...

Southern fried chicken or beef burger + our own burger sauce + sausage + egg + bacon + American style cheese + tomato + cos lettuce. 12.95

/ *Make it a beast burger* Add extra burger + extra sausage + extra bacon for 2.95

UPGRADE YOUR BURGER! ...

Add onion rings or cheese rings 1.50

PULLED PORK BAP ...

Hand pulled pork in BBQ sauce in a pretzel bun + cos lettuce + tomato 10.25

SANDWICHES & CIABATTAS

Your choice of filling served on white or brown bread. With dressed salad. Make it a ciabatta instead for an extra 50p

BACON, LETTUCE & TOMATO

SANDWICH ... With mayonnaise 6.25

/ swap to a ciabatta for 50p

TUNA, MAYO & CUCUMBER

SANDWICH ... 6.25

/ Swap to a ciabatta for 50p

HALLOUMI, SRIRACHA, LETTUCE & SUN BLUSH TOMATOES CIABATTA (V)

... 6.95

CHEDDAR CHEESE & COLESLAW

SANDWICH (V) ... 5.75

/ swap to a ciabatta for 50p

BATTERED FISH FINGER CIABATTA ...

with tartare sauce 6.95

PRAWN MARIE ROSE SANDWICH ...

6.50

/ Swap to a ciabatta for 50p

PHILLY CHEESE STEAK CIABATTA ...

8.95

ADD CHIPS FOR 1.50

PUB FAVOURITES

HUNTERS CHICKEN (GF) ...

Chicken Breast + bacon + cheese + BBQ sauce + chips + salad. 11.95

/ Add coleslaw or corn on the cob for 1.50

SCAMPI & CHIPS ...

With homemade tartare sauce + garden peas + salad garnish. Small 8.75 / Large 10.75

MAC 'N' CHEESE (VO) ...

Macaroni cooked in a creamy cheese sauce topped with parmesan + spring onion + bacon + breadcrumbs. 10.95

/ Add garlic ciabatta for 1.50

NEW HOMEMADE VENISON LASAGNE ...

Minced venison, cooked in a tomato + basil sauce. Layered with pasta + creamy cheese sauce. Served with dressed salad 10.95

/ Add garlic ciabatta / chips or coleslaw for 1.50

OUR OWN BEER BATTERED COD (GFO) ...

With chips + homemade tartare sauce + garden peas or mushy peas + a salad garnish Small 9.85 | Large 11.85

/ Add bread and butter for 1.50 Add curry sauce for 1.50

HAM EGG & CHIPS (GF) ...

Honey roast gammon ham + chunky chips + egg. Small 6.50 / Large 9.50

CHEFS FAVOURITES

NEW SLOW BRAISED LAMB SHANK ...
With champ mash + red wine jus + honey glazed root vegetables. 16.95

SPAGHETTI & MEATBALLS ... Pork & beef meatballs cooked in a rich tomato + basil sauce. With spaghetti + parmesan. 10.95
/ Add garlic ciabatta for 1.50

SEAFOOD JAMBALAYA (GF) ...
Traditional Jambalaya with salmon + cod + mussels + prawns. 15.95

NEW HOMEMADE LUXURY FISH PIE ...
Cod + haddock + salmon. Cooked in a white wine + parsley cream sauce. Topped with cheesy mash potato. Served with kale + green beans + peas. 15.95
/ Add ciabatta for 1.50

FRESH LOCAL MUSSELS (GFO) ...
cooked in white wine + garlic + parsley + cream. A classic Marinere sauce. 12.95
/ Add chips for 1.50

NEW HOMEMADE SAMLA CHICKEN CURRY (GFO) ... This Cambodian - inspired curry may be mild, but its packed with mouthwatering aromas from coconut, lemongrass + ginger. With a chilli + spring onion garnish. Served with rice 10.95
/ Add poppadom and naan bread 2.50

JACKET POTATOES

Your choice of filling served on a buttered jacket potato with salad garnish

MEXICAN BEANS (VG)(GF) 7.25

CHEDDAR CHEESE & BEANS (V)(GF) 7.25

BBQ PULLED PORK (GF) 8.25

TUNA MAYONNAISE (GF) 7.50

PRAWN MARIE ROSE (GF) 8.50

VEGETARIAN / VEGAN

VEGAN MEXICAN BEANS (VG) (GF) ...
Mixed beans, cooked in a mildly spiced tomato sauce. Served with Flat bread + chips or rice + salad. 10.25
/ Add corn on the cob for £1.50

HOMEMADE VEGAN CURRY (VG)(GF) ...
Chickpea + sweet potato + spinach cooked in a medium spiced sauce + rice. 10.75
/ Add poppadum for 50p

NEW HOMEMADE VEGETABLE LASAGNE (V) ... Medley of roasted vegetables in a tomato + basil sauce. Layered with pasta + creamy cheese sauce. Served with dressed salad. 10.75
/ Add chips, garlic bread or coleslaw for 1.50

LOADED CHIPS & NACHOS

Choose either Chips (gf) or Nachos 8.95

MEATBALL MELT ... Meatballs in a rich tomato & basil sauce and melted cheese

BBQ PULLED PORK (GF) ... With spring onions + jalapenos + cheese + chilli

MEXICAN BEANS (GF) ... Mixed beans cooked in a mildly spicy tomato sauce + cheese

SIDES

CHUNKY CHIPS OR FRIES (GF) 3.70

STANDARD NACHOS ... With cheese + salsa + jalapenos + guacamole + sour cream 6.00

ONION RINGS (GFO) 3.40

COLESLAW 2.00

CHIPS + CAJUN SPICE + CHEESE + BACON. 4.70

GARLIC BREAD 3.85

CHEESE RINGS 3.60

CURRY SAUCE 1.75

CHEESY CHIPS (GF) 4.50

CHEESY GARLIC BREAD 4.50

MAC 'N' CHEESE WITH BACON (VO) 3.70

DESSERTS

HOMEMADE GINGERBREAD COOKIE DOUGH ... Gingerbread flavoured cookie dough, filled with white chocolate chips. Served with vanilla ice cream. (Please allow 15 minutes cooking time) 5.95

HOMEMADE TRIPLE CHOCOLATE COOKIE DOUGH ... Warm cookie dough, with chocolate sauce + vanilla ice cream. (Please allow 15 minutes cooking time) 5.95

CHOCOLATE ORANGE BROWNIE ... Served with chocolate sauce + vanilla ice cream. 5.95

HOMEMADE STICKY TOFFEE PUDDING ... With toffee sauce + rum & raisin ice cream. 5.95

CHEFS HOMEMADE CRUMBLE ... Chefs crumble flavour (please ask for todays flavour) topped with crunchy crumble topping + served with ice cream, clotted cream or custard 5.95

MINT CHOCOLATE MOUSSE POT ... Layers of chocolate mousse + mint chocolate mousse. Topped with chocolate pieces + fresh mint 5.95

CHOCOLATE ORANGE BROWNIE SUNDAE ... Chocolate orange ice cream + chocolate orange brownie pieces + chocolate sauce + whipped cream + wafer. 5.95

BISCOFF SUNDAE ... Vanilla ice cream + biscoff biscuit + lotus biscuit flavour sauce + whipped cream + wafer. 5.95

MULLED SPICED POACHED PEARS ... Served with natural yoghurt (vegan option available on request) 5.95

ALLERGEN INFORMATION

... Allergen information available on request. Please let a team member know about any intolerance to specific allergens and we will be able to say which dishes are safe to eat. Our chefs will do their best to accommodate your requests. (gf) = gluten free | (gfo) = Gluten free option (v) = vegetarian | (vo) = vegetarian option (vg) = Vegan | (vgo) = vegan option ...

PROUD TO SOURCE FRESH LOCAL PRODUCE

OUR MEAT ... Button Meats (Bodmin)

OUR DAIRY PRODUCTS ... Mount Bay Dairy (Penzance)

OUR FRESH FISH ... Fish for thought (Bodmin) Celtic Fish & Game (St.Ives)

GENERAL PRODUCE ... Chadds (Bude)

OUR FRESH FRUIT & VEGETABLES ... Total Produce (Bodmin)

ICE CREAM ... Callestick Dairy (Truro)