



Lanivet Inn Lunch Menu

----- Starters -----

Chefs Homemade Soup (gfo)

With warm ciabatta 5.50

Fresh local mussels (gfo)

Steamed in lemon grass + chilli + ginger + coconut broth + warm ciabatta 7.95

Baked Camembert (gfo)

With rosemary + sea salt + fig relish + warm ciabatta (20 minutes cook time) 7.50

Parmesan Crab Cakes

With Sriracha Mayonnaise 7.50

Pan Seared Fresh Local Scallops (gf)

With Nduja crostini and pickled cucumber 8.95

----- Grazing and Sharing -----

4.50 each or 3 for 12.00

Crispy BBQ belly Pork Bites (gf)

With chilli & spring onion

Fried Halloumi Bites (v)

Coated with sesame seeds + honey.

Chilli and Garlic Olives (vg)

With walnuts & herbs

Beetroot Falafel (vg)

With pomegranate raita dip

Mini chorizo bites (gf)

Spicy Spanish sausage.

Hot and Spicy Chicken Wings (gf)

With fresh lime

Beef Meatballs (gf)

In a rich tomato sauce & basil sauce + parmesan shavings.

Battered Monkfish bites (gfo)

With our own curry mayonnaise.

Garlic Mushrooms bruschetta (v)

Creamy garlic mushrooms served on ciabatta.

Salt & pepper squid

With sweet chilli sauce

----- From the Grill -----

All of our meat is sourced from Button Meats (Bodmin) Jacket potatoes or new potatoes available

Gammon Steak (gfo)

With chips + tomato + peas + mushroom + cheese rings + egg or pineapple

Small 8.99 | Large 11.50

Prime 8oz Sirloin Steak (gfo)

With chips + tomato + peas + mushroom + cheese rings. 17.50

Steak sauce

Peppercorn; Blue cheese; Creamy mushroom 2.20

----- Burgers -----

With Pretzel bun + fries + homemade coleslaw + cheese rings

6oz Beef Burger

With our own burger sauce + pickle + tomato + cos lettuce + American cheese. 10.75

Add bacon for 1.00

Add Mac cheese for 2.00

Add Pulled pork for 2.50

Pizza Burger

6oz beef burger + tomato + cos lettuce. With the pretzel bun topped with pizza sauce + mozzarella cheese + pepperoni. A must try for all pizza and burger lovers! 10.95

Katsu Chicken Burger

Southern fried chicken burger + Japanese style curry mayonnaise + tomato + cos lettuce. 10.95

Add cheese or bacon for 1.00

Pulled Pork Bap

Hand pulled pork in BBQ sauce in a pretzel bun + cos lettuce + tomato 9.95

Our famous Mighty Burger

Southern fried chicken or beef burger + sausage + egg + bacon + cheese. 12.95

Make it a beast burger! Add extra burger + extra sausage + extra bacon for 2.95

----- Light Lunches -----

----- Sandwiches -----

Your choice of filling served on white or granary with a salad garnish.

Bacon Lettuce + Tomato 6.25

Cheddar Cheese + Chutney (v) 5.75

Ham + Coleslaw 5.75

Prawn Marie rose 6.50

Crab Marie rose 7.95

Tuna Mayo + cucumber 6.25

Add chips for 1.50

----- Ciabattas -----

Your choice of filling served on a warm ciabatta with a salad garnish.

Bacon Lettuce + Tomato 6.95

Cheddar Cheese + Chutney (v) 6.25

Philly Cheese Steak 8.95

Battered Fish Fingers & tartare sauce 6.95

Prawn Marie Rose 7.50

Crab Marie rose 8.50

Halloumi + Sriracha + lettuce + sun blush tomatoes (v) 6.95

Add chips for 1.50

----- Jacket Potatoes -----

Your choice of filling served on a buttered jacket potato with a salad garnish.

Mexican Beans (vg)(gf) 7.25

Cheddar Cheese +

Beans (v)(gf) 7.25

Ham + Coleslaw (gf) 7.25

Prawn Marie Rose (gf) 8.50

Crab Marie Rose (gf) 9.50

Tuna mayonnaise (gf) 7.50

BBQ Pulled Pork (gf) 8.25

----- Oriental Salads -----

All salads come with a base of Sugar snaps + Pak choi + carrot ribbons + coriander + spring onion + chilli + pistachio + soy ginger dressing + sesame seeds + pomegranate.

Superfood Salad (vg)(gf)

With roasted pumpkin seeds + mixed nuts + avocado + olives 11.50

Oriental Salad

Choose your topping:

smoked duck 11.50 | southern fried chicken 11.50 |

Teriyaki salmon 11.50 | Steak 14.95

----- Pub Favourites -----

All of our Dairy produce is sourced from Mount Bay Dairy

Hunters Chicken (gf)

Chicken Breast + bacon + cheese + BBQ sauce + chips + salad + coleslaw. 10.95

Scampi + Chips

With homemade tartare sauce + garden peas + a salad garnish
Small 8.50 | Large 10.50

Chilli Beef Hotdog

The ultimate all beef frankfurter with fiery chilli flakes, creating a spicy sausage with a serious kick. In a hotdog roll + chips + coleslaw. Topped with mustard + ketchup + fried onions. 9.95

Our own beer battered Cod (gfo)

With chips + homemade tartare sauce + garden peas or mushy peas + a salad garnish
Small 8.85 | Large 10.85

Mac 'n' cheese (vo)

Macaroni cooked in a creamy cheese sauce topped with parmesan + spring onion + bacon + bread crumbs + garlic ciabatta 10.50

Ham, Egg + Chips (gf)

Honey roast gammon ham, With chunky chips + egg
Small 5.95 | Large 8.95

----- Chefs Favourites -----

All of our Fish is sourced from Fish for thought Bodmin and Celtic Fish and Game

Baked Crab Au gratin (gf)

White crab meat + cheese sauce Baked in its shell + parmesan crust. Served with salad + buttered new potatoes. 14.95

Lamb Flatbread (gfo)

Marinated lamb steak + pickled red cabbage + pomegranate raita + corn on the cob + flatbread + coz lettuce 11.95

Seafood Jambalaya (gf)

Traditional Jambalaya with Monkfish + salmon + cod + mussels + prawns. 14.95

Fresh Local Mussels (gfo)

Steamed in lemon grass + chilli + ginger + coconut broth + warm ciabatta. 11.95
Add chips for 1.50

Chefs Curry (gfo)

Please see a member of the team for today's flavour. Served with rice + poppadum. 10.85
Add naan bread 1.50

Spaghetti & meatballs (gfo)

Beef meatballs cooked in a rich tomato + basil sauce. With spaghetti + parmesan. 10.50

----- Vegetarian / Vegan -----

Many of our general produce is sourced from Chadds our fresh fruit & vegetables from Total Produce (Bodmin)

Vegan Mexican Beans (vg)(gf)

Mixed beans cooked in mildly spiced tomato sauce. With corn on the cob + flat bread + rice or chips + salad 9.50

Vegan Hotdog (vg)

Quality vegan sausage + vegan bread roll. Topped with ketchup + mustard + onions + chips 9.25
Add Mexican beans for 2.00

Vegan Curry (vg)(gf)

Chickpea + sweet potato + spinach cooked in a medium spiced sauce. With rice + poppadum 10.25

Vegan Jambalaya (vg)(gf)

Traditional Jambalaya with peppers + peas + onion + tender stem broccoli + spring onion + olives 10.25

----- Sides -----

Chunky chips or fries (gf) 3.70

Chips + Cajun spice + cheese + bacon. 4.70

Cheesy chips (gf) 4.50

Standard Nachos With cheese + salsa + jalapenos + guacamole + sour cream 6.00

Garlic bread 3.85

Cheesy garlic bread 4.50

Onion rings 3.40

Cheese rings 3.60

Mac 'n' cheese with bacon (vo) 3.70

Coleslaw 2.00

----- Loaded Chips & Nachos -----

Chips (gf) Nachos

Choose chips or nachos 8.95

Meatball melt (gf) – Meatballs in a rich tomato & basil sauce and melted cheese

BBQ Pulled Pork (gf) – With spring onions + jalapenos + cheese + chilli

Mexican beans (gf) – Mixed beans in a mildly spicy tomato sauce + cheese

Allergen information available on request. Please let a team member know about any intolerance to specific allergens and we will be able to say which dishes are safe to eat. Our chefs will do their best to accommodate your requests.

**(gf) = gluten free | (gfo) = Gluten free option
(v) = vegetarian | (vo) = vegetarian option
(vg) = Vegan | (vgo) = vegan option**